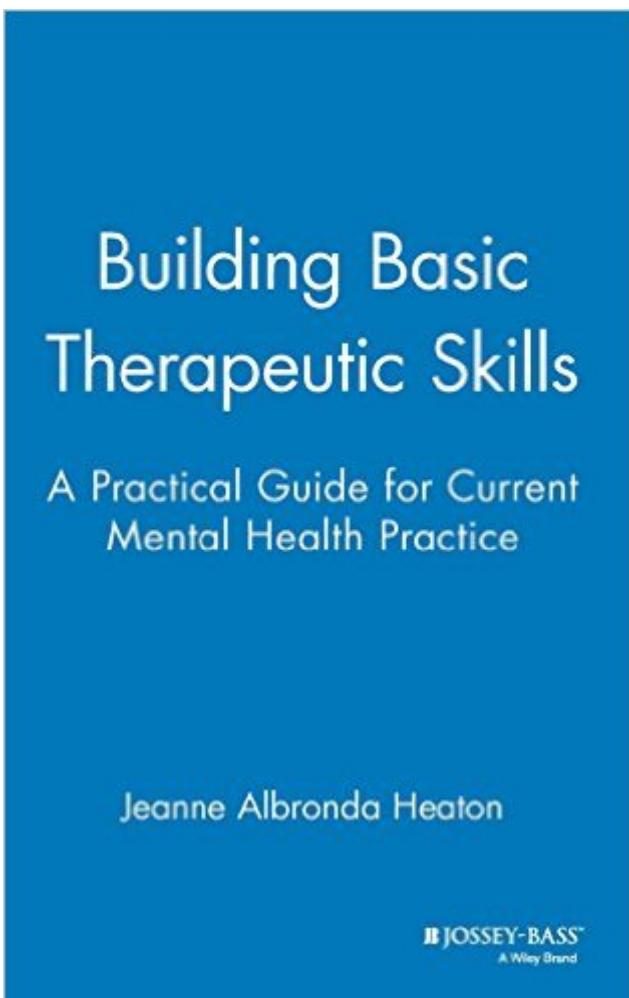


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# Building Basic Therapeutic Skills: A Practical Guide For Current Mental Health Practice



## Synopsis

Building Basic Therapeutic Skills is an essential handbook that provides the nuts-and-bolts information Jeanne Heaton provides guidance to the student therapist with a book that demonstrates both her humanity and wisdom. Of all those skills that she promotes, perhaps the most important is her profound respect for the client. --Michael J. Lambert, professor of psychology, Brigham Young University and coauthor of *Assessing Outcome in Clinical Practice* A valuable and essential textbook for mental health educators supervising practicum and internship students. I'll be using it as a textbook in my teaching at Ohio State University. ?Daniel R. Merz, Ph.D., L.P.C.C., counselor educator, The Ohio State University A masterful job of presenting the cumulative effects of the experience of a senior therapist into a clear and concise volume. ?John M. Sell, Ph.D., Senior Vice President, Reedie & Co. Contains excellent and culturally sensitive examples of not only what to do but how to do it. ?Sheila Y. Williams, M.Ed., L.P.C.C., University Counselor/Private Practitioner and member, State of Ohio Counselor and Social Worker Board Testing Committee Chair, American Association of State Counseling Boards Clear, concise, and down-to-earth. . . . It belongs in the library, if not the hip pocket, of anyone who is studying to be a therapist or is just beginning to practice. This is the book I wish I had written. ?Steven Jay Lynn, Ph.D., professor of psychology, State University of New York at Binghamton A valuable resource for the student and beginning therapist. . . .an excellent review for the experienced therapist. --Barry G. Ginsberg, Ph.D., director, Center of Relationship Enhancement author of *Relationship Enhancement Family Therapy*

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